

Well Child Visits

Recommended Checkup & Immunization Schedule

<u>INFANCY VISITS</u>	<u>EARLY CHILDHOOD</u>	<u>MIDDLE CHILDHOOD</u>	<u>ADOLESCENCE VISITS</u>
3-5 Days Old	12 Months Old	5 Years Old	11-14 Years Old
1 Month Old	15 Months Old	6 Years Old	15-17 Years Old
2 Months Old	18 Months Old	7 Years Old	18 Years Old
4 Months Old	2 Years Old	8 Years Old	
6 Months Old	3 Years Old	9 Years Old	
9 Months Old	4 Years Old	10 Years Old	

Ages 0-11 Months: Developmental Milestones

Talk with your pediatrician about when your baby should start recognizing faces and making certain sounds, sit up without support, understanding specific words, and strategies to help.

Ages 1-4 Years: Social Skills & Behavior

This is the time to start identifying any social issues. If your child struggles with sharing with others or following directions, a developmental screening may be recommended.

Ages 5-10 Years: Memorization & Safety

At this age, it's important for children to start remembering their full name, home address, and parent phone numbers in case of emergencies. Age-related safety measures are also discussed.

Ages 11-18 Years: Puberty & Self-Sufficiency

Now is when bodies begin to change and hormones start fluctuating. It's normal to discuss things like depression, eating disorders, and more. Encourage your child to ask questions.